



GREAT WEST OPEN – KEN TRICKEY MEMORIAL 2026
SUNDAY 19th APRIL 2026 at Exeter Arena

Held under UKA Competition Rules

PROVISIONAL TIMETABLE

The **FINAL** timetable will depend on the number of entries. Events may be removed from the timetable if there are no entries.

For medals:

Given to 1st, 2nd, 3rd in all events

The **U20M** and **SM** count as one age group except for hurdles and throws.

The **U20W** and **SW** count as one age group.

U10 Funetics Quadrathlon – 50m sprint, 400m, Long Jump, Howler Javelin

TRACK EVENTS (APPROX TIMES)

10.45	70mH (68.5cm) U12G
10.50	800m U14G, U14B
10.55	75mH (68.5cm) U12B 75mH (68.5cm) U14G
11.05	800m U18W, U20W, SW
11.15	80mH (76.2cm) U16G 80mH (76.2cm) U14B
11.25	800m U18M, U20M, SM
11.35	100mH (76.2cm) U18W 100mH (84.0cm) U16B 100mH (84.0cm) U20W, SW (84.0cm)
11.45	800m U16G 800m U16B
11.55	110mH (91.4cm) U18M 110mH (99.1cm) U20M 110mH (106.7 cm) SM
12.05	50m U10 Quadrathlon
12.15	75m U12G, U12B
12.20	100m U14G, U14B 100m U16G, U16B
12.30	100m U18W, U18M 100m U20W, SW 100m U20M, SM
12.40	3000m U16, U18, U20, SEN Male & Female

LUNCH BREAK

13:00 to 13:40

1.40	400mH (91.4cm) U20M, SM 400mH (84.0cm) U18M 400mH (76.2cm) U18W, U20W, SW 300mH (84.0cm) U16B
1.45	300mH (76.2cm) U16W 200mH (76.2cm) U14B 200mH (68.5cm) U14G
2.10	400m U18M, U20M, SM 400m U18W, U20W, SW
2.30	400m U10 Quadrathlon
2.40	300m U16G, U16B
2.50	600m U12G, U12B

